

I Imported
D Domestic

Dirty Dozen™

Buy these organic.

- WORST**
1. Apples
 2. Celery
 3. Strawberries
 4. Peaches
 5. Spinach
 6. Nectarines **I**
 7. Grapes **I**
 8. Sweet bell peppers
 9. Potatoes
 10. Blueberries **D**
 11. Lettuce
 12. Kale/collard greens

EWG's 2011 Shopper's Guide™
to Pesticides in Produce



foodnews.org

I Imported
D Domestic

Clean15™

Lowest in Pesticides.

- BEST**
1. Onions
 2. Sweet Corn
 3. Pineapples
 4. Avocado
 5. Asparagus
 6. Sweet peas
 7. Mangoes
 8. Eggplant
 9. Cantaloupe **D**
 10. Kiwi
 11. Cabbage
 12. Watermelon
 13. Sweet potatoes
 14. Grapefruit
 15. Mushrooms

Scan to see more! Get a QR Code app
from www.i-nigma.mobi



foodnews.org